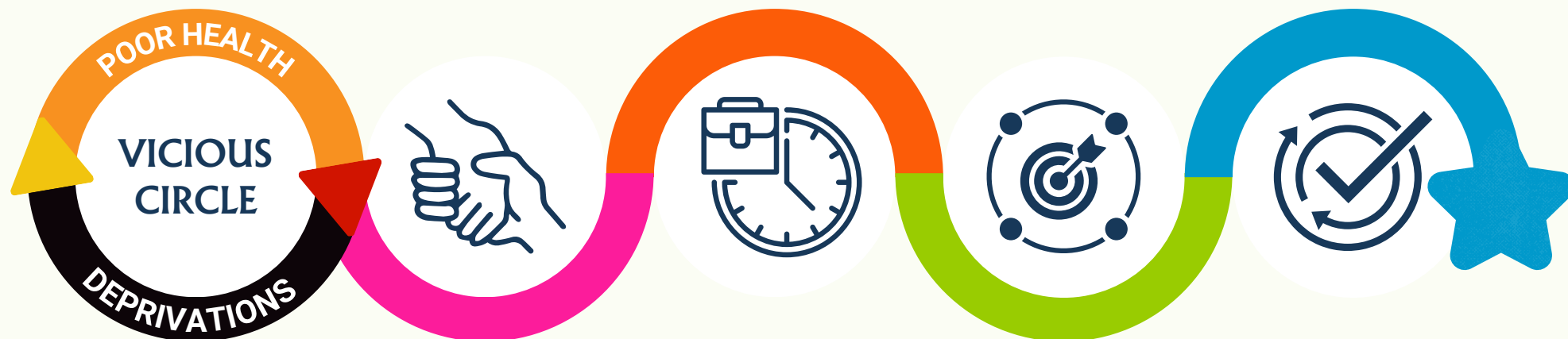


# Theory of Change Logframe (April 2025)



## THE PROBLEM

Vicious circle (see above).  
Intersectional Vulnerabilities

- Older people (65+) from global majority backgrounds
- Isolation, loneliness, and ageing-related vulnerabilities
- Chronic health issues and disability
- Poor mental wellbeing
- Poverty and financial insecurity
- Barriers to accessing public services (e.g. language, stigma, lack of culturally appropriate health information and advice)
- Long-term impacts of institutional racism and trauma

## INTERVENTIONS / ACTIVITIES

- Weekly creative social groups (e.g. singing, dancing, writing, walking, worldly lunch club)
- A community café for advice, connection, and peer support
- Culturally-appropriate health talks
- Holiday celebrations & trips
- User-led community projects (e.g. documentary, performance)
- Community consultations on needs and access barriers
- Skill-building and volunteering opportunities for service users
- A diverse delivery and volunteer team from global majority backgrounds

## OUTPUTS

- 400+ group activities per year
- 2,000+ walk-in advice service users at the community café
- 15+ culturally appropriate health talks
- 35+ trained volunteers aged 65+ from global majority backgrounds
- 15+ holiday celebrations
- 3–5 community-initiated creative projects
- 12+ community consultations
- 800+ routine service users engaged across all services

## OUTCOMES

- Reduced loneliness, isolation, and poor mental wellbeing
- Improved physical health knowledge and self-care
- Better access to advice and public services
- Stronger sense of belonging, pride, and voice among older global majority residents
- Increased friendships, skills, and volunteering pathways
- More inclusive and responsive community spaces and services
- Greater visibility and leadership of global majority elders

## IMPACTS

- Improved overall wellbeing and quality of life among older, deprived global majority residents
- Reduced health inequalities
- Community spaces become more inclusive, welcoming, and shaped by user voices
- A stronger and more diverse base of older volunteers
- Local services and decision-makers are better informed about the needs of global majority elders